

**NEW FOR
2023/24**

Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a not-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.



Something For Everyone

Welcome to our new menu! We had some great feedback about our last one, so we've built the new menu to include some favourite dishes and have created plenty of exciting and innovative ones.

We're always thinking about the ingredients in our meals, and our recipes are designed to be inclusive and suitable for children with a range of tastes and requirements.

- 👍 Variety of Plant-based Foods
- 👍 More 'Free From' dishes, including our new No-Egg Cakes & Desserts
- 👍 Fewer Allergens to Increase Choice
- 👍 Supporting Faith & Lifestyle Diet Types
- 👍 Buying Sustainably & Reducing Waste

There is such a thing as a FREE SCHOOL LUNCH

School meals for Reception, Years 1 & 2 are **FREE** regardless of circumstances.

They are worth over £450 per child, each year.* Older children in Years 3 - 6 may still be entitled to free school meals.

WHY NOT APPLY TO FIND OUT?

TO APPLY FOR FREE SCHOOL MEALS
PLEASE VISIT:

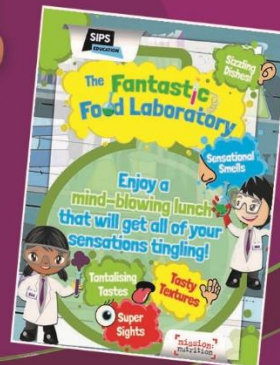
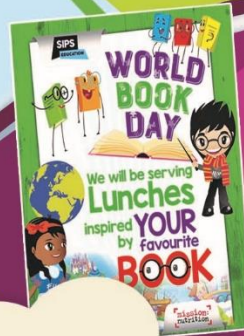
www.gov.uk/apply-free-school-meals



Food THEME DAYS add fun and inspire children to try a school meal!

Check out our exciting theme days!

Here are some
you can look
forward to.





Monday



Tuesday



Wednesday



Thursday



Friday



Dates:



Week 1

Cheesy Quesadilla, Sweetcorn,
Green Beans or Salad

Veggie Burger, Sweetcorn, Green
Beans or Salad

Baked Apple Sponge & Custard
Muller Yoghurt



Week 2

Quorn Southern Style Burger,
Savoury Rice, Green Beans or
Salad

Margherita Pizza Pasta Bake,
Green Beans or Salad

Arctic Roll
Chocolate Mousse



Week 3

Fish Fingers, Sauté potatoes,
Peas, Carrots

Mac 'n' Cheese, Herby Bread,
Peas, Carrots or Salad

Chocolate & Cherry Muffin
Muller yoghurt

Chicken Meatballs & Gravy, Mashed
Potato, Broccoli, Vegetable Medley

Vegan Meatballs & Gravy, Mashed
Potato, Broccoli, Vegetable Medley

Brownie Bites & Mandarin Oranges
Vanilla Ice Cream

Roast Chicken & Gravy, Roast
Potatoes, Broccoli, Carrots

Dahl, Bombay Potatoes, Naan
Bread or Saad

Oaty Apple Crumble & Custard
Frozen Strawberry Yoghurt

Chicken Curry, Brown & White
Rice, Naan Bread or Salad

Vegetable Curry, Brown & White
Rice, Naan Bread or Salad

Lemon Slice & Custard
Fruit Jelly

Brunch Lunch (Sausage, Bacon,
Beans, Omelette, Hash Brown)

Veggie Brunch (Veggie Sausage,
Beans, Omelette, Hash Brown)

Chocolate Crispies
Fruit Jelly

Chilli & Cheese Loaded Wedges,
Peas, Sweetcorn or Salad

Veggie Sausage Sausage, Loaded
Wedges, Peas, Sweetcorn or
Salad

Chocolate Cookie
Muller Yoghurt

Pork Sausage, Jacket Wedges,
Spaghetti Hoops or Sweetcorn

Vegetarian Sausage, Jacket Wedges,
Spaghetti Hoops or Sweetcorn

Apple Flapjack & Custard
Vanilla Ice Cream Tub

Cajun Chicken with Pineapple Salsa,
Potato Wedges, Sweetcorn or
Assorted Salad

Margherita Pizza, Potato Wedges,
Sweetcorn or Assorted Salad

Vanilla Cookie
Muller Yoghurt

Pepperoni Pizza or Loaded Pizza,
Sauté Potatoes or Assorted Salad

Jacket Potato with Tuna mayo

Vegan Fruit Muffin (vg)
Fruit Jelly

Beef Bolognese with Pasta & Garlic
Bread or Salad

Margherita Pizza, Pasta, Coleslaw
or Assorted Salad

Sprinkle Tray Bake & Custard
Very Berry Mousse

Fish Fingers, Chips, Peas, or Salad

Quorn Vegan Nuggets, Chips,
Peas or Salad

Cornflake Tart & Custard
Strawberry Mousse

Harry Ramsden Battered Pollock,
Chips & Baked Beans

Country Bake, Chips, Baked
Beans

Iced Shortbread Biscuit
Muller Yoghurt

Harry Ramsden's Junior Pollock,
Chips, Peas or Salad

Savoury Pastry Roll, Chips, Peas
or Salad

Melting Moment
Muller Yoghurt

2024: 22/04. 13/05. 10/06. 01/07.
22/07.

2024: 08/04. 29/04. 20/05. 17/06.
08/07.

2024: 15/04. 06/05. 03/06. 24/06.
15/07.

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.

N New **V** Vegetarian **VG** Vegan

Fruit and
water
served
daily

